C.A.T.S.

The Most Significant Discovery in the History of Chiropractic

GET YOUR HEAD EXAMINED
CRANIAL ADJUSTING TURNER STYLE

Print this E-Book
C.A.T.S.
Cranial Adjusting Turner Style Workshops

Above the Atlas - Taking Chiropractic to a Higher Level

“Dr. Turner and his wife are in fantastic shape and are excellent ambassadors for the profession. They put on an awesome workshop. The results of the technique have been amazing.”

Dr. Jerad Mannino, Woodbridge, VI.

- Give me 15 hours and I can teach you how the brain works, how to proficiently identify cranial misalignments and be able to correct them with confidence on the Monday morning after the workshop.

- Over 700 Chiropractors have taken the C.A.T.S. workshops and are getting much better results with their patients and family members.

- Take a few minutes and read this E-book and I will prove to you that you can get even better results than you are getting now. You will see that the kinds of results that I refer to are attainable by the 700 + C.A.T.S. practitioners that have taken our workshops.

- I guarantee you will get better results with your current patients right away.

- Get incredible results with conditions that were previously thought of as incurable.
What do other Chiropractic Masters say about C.A.T.S.

*Dr. William Watt D.C., Calgary, AB.* “See miracles materialize in your hands as you apply this cutting edge material. C.A.T.S. is Dr. Turner’s journey of discovery where complex becomes simple and new adjusting concepts are easily understood for effortless incorporation into daily practice. The wealth of information on cranial adjusting and lifestyle changes will increase your energy, focus and effectiveness as a Chiropractor. You will learn how to dramatically change lives in a consistent manner, thereby energizing you, your patients and staff, leading to a flood of referrals and a happy, healthy practice. Attend this program and you will be totally blown away by the changes you will see at the workshop and in your office, even in the most difficult cases. The best seminar I have ever attended, it is so good I have been to Level I three times.”

*Dr. Leander Eckard DC, Williams Health Care, Las Vegas, NV.* “I didn’t believe Turner when he said he could correct the indents in the hard parts of the skull. I said ‘I knew ‘B.S.’ when I heard it.’ He then showed me 5 examples and I realized that when Turner says he can move the cranial bones, he can and will prove it to you. Since he performed C.A.T.S. on me I have felt better overall and haven’t had a headache since. I used to get them often. Dr. T, you are a genius.”

*Dr. Eric Plasker, The Family Practice, Inc., Atlanta GE.* “Dr. Turner is one of our professions true healers. His passion, skill and willingness to share his knowledge are making a big difference for a lot of Chiropractors. You will love having his cranial techniques as a part of your arsenal to help patients. Many of our doctors in The Family Practice are using these skills to provide lifetime care for everyone.”

*Dr. Mike Reed, Gorilla Chiropractic Coaching, Ottawa, ON.* “Dr. Turner’s unique and amazing cranial adjustments will revolutionize the way Chiropractors adjust their patients. C.A.T.S. is truly an asset to all Chiropractors. It is a quick and extremely effective cranial technique.”

*Dr. Allan Austin, Trigenics, Myoneural Medicine, Toronto, ON.* “Dr. Roger Turner’s C.A.T.S. procedures could well be the missing element in brain based cranial manipulation. His work and concepts have taken this critically important field of manual therapy to new levels with outstanding results.”

Why Stop at the Atlas?

*Dr. Craig D. Johannes B.Sc. D.C, Kitchener, ON.*

“After C.A.T.S. Level I, I was deeply saddened because I knew I could have been doing a lot more for my patients over the past 15 years. Why did I stop at the atlas? I believe every Chiropractor would benefit from this technique. You will witness immediate life changing results.”
Why should you take this workshop?

1. If you are not including the skull in your assessment and treatment protocols, you are **missing 48% of the possible misalignments** that can adversely affect the nervous system.

2. The same Chiropractic principle that affects the spine also applies to the skull and brain. **When the skull is misaligned it interferes with the ability of the brain to function**, plain and simple. “Skull out of place, brain don’t work too good.”

3. Therefore, there are many **patients that you are currently treating that are not getting the best possible care if you are not doing the cranials as well.**

4. Mastering C.A.T.S. **opens up a whole new area of potential patients** and a significant increase for your their practices within the 1st month after Level I.

5. **Regain the enthusiasm** for practices that you had when you first started practicing. Only this time your ability to help people is tremendously improved.

6. **Results! Results! Results!** If you are in practice to help people and **results are what motivate you**, then this is the workshop for you.
How was the C.A.T.S. Workshop?

**Dr. Tim Jaeger, DC, Toronto, ON.** “Dr. Turner is the best of the best. He is the Chiropractor to the Chiropractors. He has helped me with problems that no one else had been able to touch. Dr. T brings a level of excellence to the Chiropractic arena that I have never witnessed before.”

**Dr. William Watt D.C., Calgary, AD. and Dr. James Neilson, LA, CA.** “The best seminar I have ever attended.”

**Dr. Feona Shamess D.C., Victoria, BC.** “I have taken 100’s of postgraduate seminars and only a few stand out as pure genius, C.A.T.S. is one of them. The depth of understanding that you get from the work that Dr. Turner has developed is astounding.”

**Dr. Frank Torvelli D.C., Buffalo, NY.** “I have studied and applied all of the ‘known’ and ‘obscure’ cranial techniques. C.A.T.S. is the most complete and clinically relevant adjusting technique for the busy Chiropractor. Results are immediate and easily duplicatable. Dr. Turner’s approach is totally Chiropractic from the atlas up.”

**Dr. Alain Corps D.C., Montreal, PQ.** “I have been to lot of seminars, this is the best ever. It is not a one size fits all technique. It is very specific, practical and the adjustments don’t take long to do.”

**Dr. Larry Down DC, Oshawa, ON.** “One of the best ‘take it home and use it seminars’ I have ever been to.”

**Dr. Brad Kerr DC, Fort St. John, BC.** “Very comprehensive. I liked the extensive references. Absolutely top drawer.”

**Dr. Roderick J. Belyea DC, Charlottetown, PEI.** “The best cranial seminar I have ever attended.”

**Dr. Hermile Gagnon DC, Campbellton, NB.** “Dr. Turner is very knowledgeable. The workshop was very good, no, excellent.”

**Dr. Dennis Woggon, St Cloud, MN.** “Dr. Turner took the ‘mystery’ out of Cranial Adjusting. C.A.T.S. is a very objective form of evaluation for the correction of cranial subluxations!”
Some of you are still having health challenges, right?

Chiropractors who have taken our workshops have been motivated to do so because they still have health challenges that have not responded to spinal Chiropractic care. They have been searching for a technique that will turn their condition around.

Others have family members that they have not been able to help. This is especially frustrating when you are not able to help your own family.

Most Chiropractors have patients that they have not had the kind of results they would have liked.

And some do not accept certain conditions because they feel they cannot help.

Here is a short list of some of the conditions that have been presented by Chiropractors at the workshop and have been helped in a major way that day. The location of the workshop follows the condition and result.

<table>
<thead>
<tr>
<th>Condition</th>
<th>Result</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deafness</td>
<td>hearing returned</td>
<td>Oklahoma</td>
</tr>
<tr>
<td>Blindness</td>
<td>sight returned</td>
<td>Oklahoma</td>
</tr>
<tr>
<td>Severe Headaches of 50-year duration and 50 years of Chiropractic care</td>
<td>gone</td>
<td>Calgary</td>
</tr>
<tr>
<td>Brain Fog</td>
<td>gone</td>
<td>Stratford</td>
</tr>
<tr>
<td>Learning Disabilities</td>
<td>able to read</td>
<td>Chicago</td>
</tr>
<tr>
<td>Quadriplegics</td>
<td>able to move after C.A.T.S. adjustment</td>
<td>Calgary</td>
</tr>
<tr>
<td>Non-Verbal Autistics</td>
<td>able to speak</td>
<td>Hawaii</td>
</tr>
<tr>
<td>TMJ problems</td>
<td>corrected</td>
<td>Toronto</td>
</tr>
<tr>
<td>Crooked Nose</td>
<td>straightened</td>
<td>almost every workshop</td>
</tr>
<tr>
<td>Crossed Eyes</td>
<td>straightened</td>
<td>Montreal</td>
</tr>
<tr>
<td>Optic Neuritis (So called)</td>
<td>gone</td>
<td>Dallas</td>
</tr>
<tr>
<td>Blocked Eustation tube</td>
<td>cleared</td>
<td>Calgary</td>
</tr>
<tr>
<td>Sinuses</td>
<td>cleared</td>
<td>Toronto</td>
</tr>
<tr>
<td>Sleep Disorders</td>
<td>resolved</td>
<td>almost every workshop</td>
</tr>
<tr>
<td>Condition</td>
<td>Result</td>
<td>Location</td>
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<tr>
<td>-----------------------------------------------</td>
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</tr>
<tr>
<td>Trigeminal Neuralgia since 1950 –</td>
<td>totally gone</td>
<td>Montreal</td>
</tr>
<tr>
<td>Been everywhere and done everything</td>
<td></td>
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<tr>
<td>Uncontrollable, Inconsolable crying of</td>
<td>stopped on the table</td>
<td>Oklahoma</td>
</tr>
<tr>
<td>3-year duration</td>
<td></td>
<td></td>
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<tr>
<td>Cranial Indents</td>
<td>removed</td>
<td>every workshop</td>
</tr>
<tr>
<td>Forceps Indents</td>
<td>corrected</td>
<td>Calgary</td>
</tr>
</tbody>
</table>

This is only a partial list of the kinds of corrections that occur right in the workshop. The attendees of the workshops can verify all of the above condition changes.

**Dr. Ed Lyons, Sterling D.C., AB.** “Your course has helped me take care of more patients with **such problems as**: hearing loss, visual problems, severe headaches, equilibrium problems and childhood behavior problems, to mention just a few. I have noticed a dramatic change in the results that my patients are achieving after implementing your course material into our office routine. We now check every patient for cranial problems. You are definitely making some profound changes in the Chiropractic profession.”

**Dr. John Simkovich DC, Morgantown, WV.** “I was scheduled for decompression surgery for Trigeminal Neuralgia. Since 1950 I have had intermittent to constant lanciating pain in the right side of my face, especially in the mandible region and a long list of related symptomatology. The slightest touch triggered intense pain making it difficult to impossible to brush my teeth, eat or even shave. I have been treated for 54 years by surgeons, acupuncture, medications, herbs and the best of the best Chiropractors. No one was able to give even temporary relief. One treatment by Dr.T’s cranial technique and I had the best nights sleep in 50 years, the pain was less intense, I could eat without taking pain medication and light touch did not elicit any reaction. After 4 C.A.T.S. treatments the pain was totally gone; I could eat, sleep, brush and shave without any discomfort.” **The cost of the workshop – 900 bucks, the results of Dr.T’s treatments – priceless.** Every Chiropractor needs to learn C.A.T.S. Every one needs cranial work; it is gross negligence not to include a cranial assessment with every patient. It is my opinion that C.A.T.S. will be standard protocol in the near future.

**Emails from C.A.T.S. patients:**

“I am receiving Cranial Adjusting from Dr. Edward Lynes in Stettler, Alberta. He attended your workshops. I am so impressed. I have had major depression/anxiety for 10 years. I have had shock therapy; have been on numerous medications and anti-psychotic drugs. I have been hospitalized in several mental institutions over the years and I have been suicidal all these years. I have not had a good life until now. I have been receiving adjustments now for approximately 1-1/2 months and I am feeling so much better I can hardly believe it. My anxiety is down to almost nothing. I have a nearly full anti-anxiety prescription in my drawer and it should be time to re-fill. I am very, very grateful. So are my husband and my family.

Now my family wants to get the same results as I am getting but live in various parts of Alberta, British Columbia. Can you please recommend a Dr. who has taken your workshops in Calgary, Kelowna, and Vancouver? Also Regina and Saskatchewan. Thank you, Thank you, Thank you,”

**Bette Lynn**
RESULTS

The Chiropractic principle also applies above the atlas. When the skull is misaligned the brain is adversely affected, producing neurological disorders.

The key word is RESULTS, that’s right RESULTS. C.A.T.S. gets AMAZING RESULTS with both the Chiropractors that attend the workshops and their patients on Monday morning.

Let me explain:
I have been in practice over 30 years and have seen about 15,000 new patients. Most of these patients come to our office because they have not had success with their previous health care choices. They have literally been everywhere and tried everything.
This also applies to the Chiropractors who have taken our workshop. They are not satisfied with the limited results they are getting with just adjusting the spine and some of them still have conditions that their current treatment methods have not corrected. If the cause of the condition is a misalignment in the skull, just doing the spine is below the mark.

Dr. Dennis Przybyla D.C., Buffalo, N.Y. “Having a cranial adjustment from Dr. Turner was a life changing experience. All the doctors at the workshop noticed the differences immediately.”

Dr. Don Viggiani D.C., Toronto, ON. “The memory loss and searching for words that resulted from a recent M.V.A. disappeared after the first 3 treatments.”

Dr. John Pereverzoff D.C., Vancouver, BC. “If viewed as a cranial technique continuum, C.S.T. is the mildest technique with soft results, S.O.T. techniques are mild with greater results, A.K. cranial is more forceful with greater results and C.A.T.S. is more firm with more immediate and dramatic results.”

Dr. David Brosz D.C., Lethbridge, AB. “Fantastic knowledge and technique to advance the level of service to my practice. The first patient I treated with C.A.T.S. had headaches continuously for 55 years. One treatment got rid of the headache for that night and most of the next morning. This was the first time she was without a headache. She is now up to 48 hours without a headache.”(Three days later.)

Dr. Brian Lawrence D.C., Stratford, ON. “I had an 82-year-old lady with Parkinson's respond with a 50% reduction in symptoms with two C.A.T.S. visits.”

Dr. Wayne Walker D.C., Victoria, BC. “It was a pleasure to meet a colleague with such passion for optimizing the health of the public through chiropractic care. Your clinical research and organization is exceptional and within the first week of using your uniquely effective cranial adjusting techniques, with far less expertise than you possess, I am thrilled with the clinical results I am obtaining with my patients.”
Dr. Howard Goldberg D.C., Boston, MA. “Within 2 weeks of incorporating C.A.T.S. into my office, I was able to achieve the same dramatic results Dr. Turner talks about: Special-needs/C.P. children starting to talk so people can understand and are more organized and communicative. Also an A.D.D. patient became more focused and clearer. TMJ problems are responding amazingly well. Cranial adjusting, as taught by Dr. Turner enhances the power of Chiropractic. All Chiropractors will soon be adding C.A.T.S. to their treatment protocols.”

Dr. Guildor Poitras DC, Evangeline, Grand-Sault/Falls, NB. “My head measured 1 inch difference from rt. posterior to lt. frontal and lt. posterior / rt. frontal. With one C.A.T.S. adjustment by Dr.T, the difference was ½ inch. At the end of the workshop and another adjustment by Dr.T the measurements (done by other DC’s in attendance) improved it another ½ inch. Everyone at the workshop noticed a tremendous difference in my facial appearance. My hats now fit perfectly. My first day back in the office a patient said I looked 10 years younger.”

Dr. Arthur Ticknor DC, Eugene, OR. “This is a very direct approach to cranial adjusting that yields immediate, observable results. It is the missing link I have been looking for, now I can utilize it.”

Dr. Clare Haitsma, Lacombe, AB. "It was a pleasure to be around your group of ‘Turnered on’ Chiro’s. I have been in practice 29 years and your enthusiasm for Chiropractic reminded me of the days when we would hang around after a seminar and share our excitement for Chiropractic. The cranial work I had left me with my brain feeling clearer than I can ever remember. I started doing C.A.T.S. on Monday and had some wonderful immediate results and positive comments from patients. This is awesome stuff. I had a 28% increase in patient visits that week. I put it all to my increased energy, focus, F.C.B. and desire to serve with my new C.A.T.S. knowledge."

Dr. Mike Rumpel, Fernie, BC. “C.A.T.S. is working absolute wonders with some of the most challenging cases I’ve seen in practice – it’s had me crying with joy on many an occasion. Thank-you for all that you are and all that you do.”

Dr. Howard van Nostrand, Dale City, VA. (He is certified in 19 Chiropractic techniques, Board certified Physical Therapist, Nutritionist, and Functional Rehabilitationist - practiced for 16 years in 5 different countries.) "I have never seen a technique like C.A.T.S. I have felt and seen results no other Dr. in any field of practice has been able to obtain. C.A.T.S. has changed my life as it will yours. I traveled 750 miles to have C.A.T.S. done to me. When people hear of the success you are having, they will seek you out and come from miles away also. C.A.T.S. will change the world."
I would like to address two myths associated with cranial adjusting.

1. Most of us were taught in Chiropractic College that the bones in the skull fuse together at an early age and therefore are not movable. Some colleges still teach this.
2. Every one knows that you can’t help children with learning difficulties let alone do anything for Autism.

First Myth
The bones in the skull fuse.

In 1867 the Munroe Kelly doctrine was published that stated that the bones in the skull were fused. This was the belief that was held for about 100 years. In the mid 60’s, this belief was scientifically disproved by Upledger, at the University of Michigan. He used Electron Microscopes, Cinematography Radiology and Dissection to discover that the bones in the skull do move. There is a space between the sutures that are about 100th of an inch wide and that it contains connective tissues, blood supply and nerve supply. He also noticed a rhythmic expansion and contraction occurring at the sutures. Many scientists have since confirmed this discovery. If someone is still stating that the bones in the skull do not move, they are 40 years behind the times.

There are many techniques available that address the movement of the skull. Cottam (Chiropractor) was the first, Sutherland next then Upledger with CST and Degarnet with SOT, Van Rump, Blye, Boyl and now C.A.T.S.

We have had over 700 Chiropractors take the C.A.T.S. workshop. Between them, some have taken all of the other techniques and the unanimous opinion is that C.A.T.S. is by far the best.
Second Myth
Children with learning disabilities and or Autism can’t be helped.

The most important thing to note is they are saying what they can’t do. In most cases they have no idea what we can do. Their limitations are not ours.

The first patient I used cranial principles on was my # 3 son (I have 6 sons). He had a BMX accident and got the handle bars of another bike caught in his helmet that flipped him over. I was there on the track in seconds and examined his head. There was a large swelling at his left Sphenoid area. I thought it was just a bruise. The very next week he started to exhibit a severe learning disability. I flew to New York to take a course by Dr. Karl Ferrari DC on how to treat these types of conditions. The main emphasis of this treatment protocol was adjusting the Sphenoid. Within a week of cranial adjusting my son was back to normal and school was going well. He has since graduated with distinction from university with a bachelor degree in fine arts.

I started applying these principles to other children with learning disabilities with similar results. The parents of these children, who we were able to help so much, asked if I could help with ADD, ADHD, Obsessive Compulsive, Rhett’s, Autism and even Downs.

Not only am I able to get amazing results with these conditions but so are the DC’s that have taken the C.A.T.S. workshops.

Can C.A.T.S. Chiro’s help Autism Spectrum Disorders?

You Bet They Can.
How is C.A.T.S. Different?

There are several reasons.

1. **C.A.T.S. is easy to learn.** Give me 15 hours and I can teach any competent Chiropractor how to move the bones in the skull and be ready to start C.A.T.S. cranial adjusting Monday morning.

   Dr. Judith Blum DC, Longueil, PQ. “Excellent presentation. C.A.T.S. has improved the health of my patients and has opened up my scope of practice, therefore attracting new patients.”

   Dr. Don Findlay D.C., Calgary, AB. “I usually fall asleep during seminars because I have seen or heard it all before. In the C.A.T.S. workshop this did not happen, the time just flew by. Very, very, very, VERY useful, applicable and easy to implement.”

   Dr. Robert Graykowski, Carmichael, CA. “I have attended hundreds of seminars in the past 20 years C.A.T.S. I rate in the top 5. I attended specifically to have my wife treated for severe, progressive neurological problems from a head trauma. She was losing the function of her right arm and leg and was having difficulties with speech and coordination. Four Neurologists and hundreds of thousands of tests gave no answers, only, it would probably progress. After 3 C.A.T.S. adjustments the function returned to the arm and leg, the fogginess cleared, headache – gone, vision is better and she is waking up clear headed in the morning. Plus, at the workshop, I witnessed a non-verbal Autistic speak after 1 C.A.T.S. adjustment. Dr.T's instruction is excellent; he takes very complicated neurology and technique and makes it easy.”

   Dr. Marie – France Racine DC, Campbellton, NB. “I liked the friendly atmosphere for learning and practicing this wonderful new technique. The course materials are well done and the illustrations and explanations made it simple to understand.”

2. **The accelerated learning methods** incorporated in the workshops guarantee a pleasant experience and a greatly improved level of retention and understanding of how the brain works and how to correct the misalignments of the skull.

   Dr. Hillebrand Craye DC, Contoocok, NH. “Thank you for a wonderful and inspiring seminar and for sharing your knowledge and skills. Your "style" has certainly "upgraded" the chiropractic specialty of cranial adjusting with an unparalleled dimension. Your instructions were not only clear and easy to implement, but you were also very generous with your compliments in response to the achievements of your students and gave credit for accomplishments wherever due. All of this you did in an environment that was very relaxed and filled with laughter.”

   Dr. John DiVelbiss, Westerville, OH. “I used cranial for years and was already sold on its use and effectiveness. However, C.A.T.S. is far beyond what I was doing or what anyone else is teaching!”

   Dr. Thomas M. Redenbaugh, D.C. Chair, Dept. of Chiropractic Philosophy and Techniques Parker College of Chiropractic, Dallas, TX.
   “I am really impressed with the professionalism and passion I witnessed during the Level I Cranial Adjusting Turner Style seminar. Dr. Turner incorporates the latest developments of advanced teaching techniques in order to insure everyone in attendance has a positive learning experience. I highly recommend his approach to discovering the often neglected region above the atlas in detecting and correcting nervous interference.”
Dr. Surharto Ongko, Toronto, ON. “C.A.T.S. is by far one of the best seminars I’ve ever been to. Dr. Turner kept us engaged the whole time.”

3. The cranial principles of C.A.T.S. are EASY to apply. The next point is very important. The adjustments take only seconds to perform. This is a huge benefit for busy DC’s. You can take it home and be ready to use it Monday morning.

Dr. Max Saint-Denis, DC. PQ. “We, as chiropractors, claim to be Doctors of the nervous system but the majority of us only adjust one end; the spine. Dr. Turner Seminar’s show us how to take care of the other important part; the skull. By adjusting both the spine and the skull, I am now a complete Chiropractor who is able to take care of every condition that comes in my office.
The cranial adjustments don’t take too much of my time and my patients are happy because they are holding their adjustment longer and they are truly seeing what they came in for: RESULTS.”

Dr. Robert Schakelton, Toronto, ON.
“Take it home and use it confidently on Monday morning”

Dr. Michael McCann DC, Port Moody, BC. “The material was excellent, pertinent and well presented. Absolutely applicable to all people and can be integrated immediately. Impressive knowledge base of Dr.T.”

Dr. Mark Whitaker, Red Deer, AB: “Dr. Turner is the master of maintaining focus while adjusting patients and in keeping the energy of the group very high while teaching C.A.T.S. This workshop has the most hands on material of any seminar. It is very, very applicable to everyday practice.”

4. In C.A.T.S. Level I you learn how to adjust all the major bones in the skull which all move in 6 different directions.

5. The fees for the workshop are reasonable. In fact I was told by many of our participants, that we did not charge enough compared to the other techniques.

6. The most important benefits are the RESULTS. We show you how to get consistently amazing results with conditions that were previously thought of as unattainable.

The Saturday afternoon treatment of the attending DC’s and evening Grand Rounds of family and invited guests is an eye-opener. You will see amazing results right away.
Here are two examples of the Dr’s results from the workshop.

Dr. John Simkovich from West Virginia.

John had lancing trigeminal neuralgia for over 50 years as the result of a car accident. His pain was so bad that he could not brush his teeth, shave or chew without taking very strong pain killers. He was having difficulty concentrating in practice and his relationships were strained. He had made many bad decisions because of the medications and their side affects.

John originally got into Chiropractic to correct his conditions. With no results, he had been everywhere and tried absolutely everything looking for help. The list of Chiropractors he had seen was the who’s who in Chiropractic. He’d also had 2 different types of nerve block surgeries, all kinds of powerful pain killers, acupuncture and countless herbal and supplement preparations.

Nothing had given him even the slightest improvement. Only the very powerful pain killing drugs, which only lasted for short periods of time, caused him lots of side affects and necessitated frequent usage.

John came to Level II first because he did not want to wait another weekend. He had one adjustment on the Saturday. The next morning he grabbed me in the corridor all excited. He had brushed his teeth, shaved and had his breakfast without any medications. This was the first time in over 50 years that he was able to do this.

The next weekend John came to Level I in a different city. I adjusted him several more times that weekend and he reported he was 100% better and that lasted for 3 months. He called me and wanted to know where I was going to be that next weekend for another treatment.
Dr. Daniel Reed from Louisiana.

At 8 years of age Daniel was hit in the head by a fast moving swing seat. From that day on he had headaches and developed a severe learning disability. Teachers told him he was stupid and he wouldn’t amount to much. He grew up with this opinion of himself and consequently didn’t achieve much. Until his sister became a Chiropractor and she encouraged him to become one as well. John reluctantly plodded his way through. It took him 9 years to complete his studies.

His practice was not doing too well to start with and as you can imagine, being in the New Orleans area didn’t help. His relationship was on the rocks and he was understandably depressed.

When Daniel was adjusted in Level I, the emotional release he experienced was so intense it took 45 minutes to finish. He had a huge realization: he understood that he was not stupid as he had been told all his life; he just had a misaligned skull.

I got a call from him a week after the workshop, he had me in tears with the tremendous life changing experiences that had happened to him. He was getting amazing results in his office; Chiropractors in the area were coming to have their skulls adjusted, his relationship was back on track, and he was very excited about his new life and his ability to help people. He was actually reading and enjoying it.

One of the greatest rewards of sharing the secret principles of C.A.T.S. is when I get a call from a C.A.T.S. Chiropractor and they say, “I got my first” and I say,”OK, first what?” They are so stoked they can hardly contain their enthusiasm. “My first non-verbal Autistic spoke after I adjusted them. You told us we could do this too, but it was hard to believe until I did my own.”
C.A.T.S. Frequently Asked Questions

1. **What is C.A.T.S.?**
   A. C.A.T.S. is a scientifically proven, neurologically based and subluxation specific cranial adjusting technique. It produces very dramatic results on physical, neurological and mental conditions, many of which were previously thought of as incurable. It is basic Chiropractic philosophy: when a cranial bone is out of place, it causes neurological dysfunction; put it back into place and restore that function.

2. **What is different about your technique? Compare it to the other cranial techniques: CST, SOT, AK, DNFT, Blye and Biocranial.**
   A. Most of the other techniques use a very light touch, but C.A.T.S. applies more energy in a specific direction to measurably (using electronic calipers) move the cranial bones. One of the other techniques is 1 adjustment for all and applies a lot of force. There are 22 bones in the skull that can move in 6 different directions therefore, C.A.T.S. Level I teach 70 different techniques. With C.A.T.S. the results are immediate and dramatic. C.A.T.S. is only taught to Chiropractors. DC’s that have taken all the other cranial techniques and then C.A.T.S., rate C.A.T.S. by far the best.

3. **I have a busy practice and do not have 30 minutes to hold a contact.**
   A. C.A.T.S. adjustments take an average of 6 seconds.

4. **What scientific proof do you have to validate the technique?**
   A. EEG testing measured brain waves before, during and after C.A.T.S. cranial adjustment. The brain waves became more balanced, the difference between a high Theta and a low Beta pattern became much less. The testing consistently measured a 25 to 30% improvement in brain wave performance.

5. **How long does it take to learn?**
   A. This workshop teaches a “take it home and use it technique”. Our clients report reproducing the same amazing results on the Monday morning after taking Level I.

6. **What kind of conditions can be helped with C.A.T.S.?**
   A. Any condition which involves the brain or cranial nerves can be affected by a cranial subluxation.

For more details on applicable conditions and articles, consult our patient web site: [www.turnerwellness.com](http://www.turnerwellness.com)
What is taught in Level I

Level I is the introductory workshop, where I teach the anatomy and physiology of the skull, how the brain functions and I even make the cranial nerves interesting and clinically relevant. The rest of the workshop is hands on. Much time is spent on palpation, finding and identifying the cranial bones and locating misalignments. Chiropractors already possess the finely trained palpation skills that are necessary to find cranial misalignments. This actually makes it very easy to adapt to the palpation of the skull. Once the palpation is mastered, the adjusting is easy.

I will teach you 70 different adjusting principles, which sounds like a lot, but each of the 22 bones in the skull can move in 6 different directions. Identifying what direction it has moved helps to determine how to correct it. In Level I, I concentrate on the main sutures and large cranial bones. Such as: Frontal, Parietal, Temporal, Occipital and Sphenoid. You will see amazing life changing transformations in the adjusting sessions of the attending Chiropractors and in the evening you can bring family and invited guests to witness a demonstration of the C.A.T.S. principles. This is called the Grand Rounds. A concept I got from Dr. Blye.

I incorporate accelerated learning techniques throughout the workshops to ensure that each participant fully understands the principles and is ready to go back to the office on Monday morning and incorporate C.A.T.S. into their practice.
What is Level II and III?

Level II and III are advanced levels for the serious Chiropractor that would like to do even more to help their patients.

What is in these levels?

**Level II** is the entire protocols from my books on Fibromyalgia and Chronic Fatigue and Autism Spectrum disorders. I will teach you how to address all of the possible causative factors in a natural and Chiropractic approach. This includes an extensive section on nutrition, detoxification, supplementation, environmental clean up, home applications and of course the C.A.T.S. protocols for adjustments. Level II also teaches how to adjust the solid sections of the skull. Yes, the indents and protrusions can be corrected as well. Some people hold on the 100 year old belief that the bones in the skull do not move and here I am telling you I can move the indents. Sounds unbelievable, but I will show you how to correct these as well.

![Image of books](image)

**Dr. Nicole Gemel DC, Calgary, AB.** “Very thorough, lots of information. Very applicable to use in conjunction with cranial and chiro, especially for those troublesome patients.”

**Dr. Jean-Francois Petite DC, Granby, PQ.** “Excellent and complete. Lots of valuable information for us too. This has inspired me to cleanse myself as well.”
Dr. John Simkovich DC, Morgantown, WV. “Level II is a comprehensive overview of how to integrate proper nutrition, detoxification and lifestyle changes with complete Chiropractic care. This must include the C.A.T.S. technique. The price of the workshop 900 bucks, the results of the treatments by Dr.T – priceless.”

Dr. Gerry Mangel DC, Kelowna, BC. “Thank you for your dedication to the profession. Patients used to ask me questions about health issues and I would tell them I am just a Chiropractor, I don’t know all that other stuff. After taking C.A.T.S. Level II, when they ask questions, I am able to answer them with authority and refer them to multiple references to back up my answers. The feedback I am getting from new patients that are being referred by the people that asked the questions in the first place is, ‘my friend told me to come and see you because you really know your stuff’, or ‘this guy knows what he is talking about’. Fibromyalgia patients that were not getting any results elsewhere are now responding very well with Dr.T’s C.A.T.S. protocol. Three in particular that have advanced to the degree that they are going to the gym and lifting weights and doing the Infra Red sauna regularly.”

The Itinerary for the Level II Workshop:

Fibromyalgia and Chronic Fatigue Full Treatment Protocols.
- A copy of Irritable Everything is included in the course materials.

Autism Spectrum Disorder Full Treatment Protocols:
- ADD, ADHD, PDD, ODD, OCD, Asperger’s, learning and behaviour
- Problems even Downs. A copy of Autism Spectrum Disorder, Change Their Skull - Change Their Life is included.
  *The manuals will be available in French soon

Post Concussion Syndrome

Advanced Cranial Techniques
- Correcting the indents and protrusions in the skull that are in the hard part of the cranial bones and not on the sutures
- Tonsils, Eustachian tube and Eye corrections
- Advanced Atlas Adjusting Techniques
- The Nutritional treatment of Neurological disorders of the brain
- Nutritional protocols to achieve optimum brain function, slow down the aging process, prevent cancer and dramatically improve cell to cell communications.
Level III, which is called Mastery

I will reveal more of my secrets on how to get amazing results.

I will also teach you the cosmetic aspects of C.A.T.S. principles. I will show you how to adjust the bones in the face and correct many of the disfigurements that have resulted from head injuries.
In Pursuit of Excellence

The Itinerary for the Level III Workshop:

1. Introduction
2. Accelerated Learning Techniques
4. **C.A.T.S. Cosmetic Adjustments:**
   - Zygomatic
   - Sinuses
   - Frontal distortions
5. New Patient Procedure:
   - How to Introduce, CA, DR.
   - First Visit
   - Consultation
   - Initial Exam
   - Initial Explanation
   - 1st Adjustment
   - Report of Findings
   - 1st Adjustment Letter
   - Maintenance
   - Quality of Life Questionnaire
6. **C.A.T.S. Cosmetic Adjustments:**
   - Eyes
   - Orbits
   - Ears
   - Reshaping Skull
7. Grand Rounds
8. FAQ
9. Marketing:
   - C.A.T.S. Brochure
   - Direct Mail
   - Teleconferencing
10. **C.A.T.S. Cosmetic Adjustments:**
    - TMJ
    - Nose
    - Longitudinal Indents and Protrusions
    - Forceps indents
11. Dr. Jaeger – Glycomics in the Chiropractic Office
12. N.L.P. 1-1 1/2 hour Life Repair
13. Bookstore
14. 100 + Goals
15. Spelling Strategies
16. “Go Get Em”
**Anatomy**

The space between the skull and the brain is called the arachnoid space. It is like a web formation that keeps the brain from rattling around inside the skull. It is full of arteries and veins and also houses the Cranial Nerves. The basic C.A.T.S. principle is that when the skull is misaligned the arachnoid space becomes compromised. This will interfere with the blood supply to and from that part of the brain and direct pressure can be applied to the brain, altering its ability to function.

Upledger discovered in the mid 60’s at the University of Michigan using Electron Microscopy, Cinematography Radiology and Advanced Dissection procedures that there is a space between the sutures that is about 100th of an inch. This space contains connective tissue, blood supply and nerve supply. He also noticed, with the Cinematographic Radiology, that the bones in the skull actually moved in a rhythematic fashion.

C.A.T.S. workshops have developed a poster that illustrates the normal cross-section of the skull and brain and a misaligned cross section demonstrating the impact of sutural misalignments and cranial indents. The following is the normal cross section. The resolution on the poster is 1200 dpi. Therefore, the detail is incredible. On the 24"x36” poster you can see the connective tissue, blood supply and nerve supply in the suture. This chart is also available to C.A.T.S. practitioners in an 8 ½” x11” pad format.
C.A.T.S. Cranial Mapping Poster

There has been extensive research done to determine which parts of the brain control all of the body’s functions. This is called Cranial Mapping. C.A.T.S. has developed a comprehensive Cranial Mapping Chart that is available to its clients. This chart reveals all of the current discoveries of brain function and the parts of the brain associated with that function. The important feature of C.A.T.S. Cranial Mapping Chart is that it is also related to the different bones in the skull. These charts are available in poster and patient handout formats.
Motivation

Dr. Elsie Frickey D.C., Kitchener, ON. “Thank you, Thank you, Thank you for sharing your technique with us! I am having more fun now in practice than I’ve had in the last 10 years. We are seeing some exciting results. Everyone has only positive comments after their first cranial adjustment. My patient with the head injuries that you saw at the seminar is doing fantastic. Her headaches are much less, the brain fog and concentration have improved, the neck and shoulder tension is less (she can lift her arms over her head without pain). She is able to do more and has the desire to do more around the house and in the garden. The possibilities with this technique are endless which is why it is so exciting! Thanks for making practice exciting again!!”

Dr. Robert Drouin D.C., Louisville, PQ. “I have been a chiropractor for 33 years and I always felt there was something missing in my ability to help patients. Taking the C.A.T.S. workshop and mastering the cranial adjusting has made me a complete Chiropractor. Patients that were not responding well or not holding their cervical adjustments are now improving amazingly with cranial adjustments.”

Dr. Bob Correlje, Victoria BC. “Thank you for one of the best seminars I have ever attended. Not only was the material covered an epiphany, but the style with which you presented made it easy and fun. Thank you also for adjusting my wife Connie and daughter Casey. They both feel the personal benefits as do I. My first cranial patient was a staff member whose eyes were slightly asymmetrical. She was eager to be analyzed. I was able to detect and correct several faults. That night she read a book without the glasses she was previously dependant on. The best part for me is that due to the well thought out and effective teaching style you present at your seminar, I feel comfortable and confident to start implementing your technique in my practice immediately. Now that I have experienced the power of C.A.T.S. I feel that, not offering patients cranial adjusting is like not adjusting the atlas and the axis. After 30 years in practice I'm as excited to get my hands on their heads as I was to adjust spines when I graduated.”

Dr. Ted Turia, Vancouver, BC. “Thanks for the excellent seminar in Vancouver last weekend! I have already had a patient come in the day after treatment just to drop in and tell me how she had slept all night long (She was sooo excited about it!!). This patient hasn't slept right in years. Fab seminar. Jillian and I look forward to level II. I'm stoked on chiropractic like never before!”
The most important thing I would like you to get from this message is that the bones in the skull do move and that the Chiropractors of the future will incorporate C.A.T.S. principles as a regular part of their protocols, which will enable them to get results previously thought of as unattainable.

Your next step is either:

1. Register for the workshop. For complete information on the live workshops go to [www.catsworkshop.com](http://www.catsworkshop.com) where secure online registration is available.

2. Purchase the C.D. package. For those who do not want to attend the live workshop, they may purchase the entire workshop on C.D. and also receive the manuals, 2 posters and 1 report of findings pad. The skull can be ordered separately.

If you have any questions, email me at drt@catsworkshop.com
Or call 705-792-1315